

# What YOU Can Do When Threatening Weather Approaches

## Lightning Safety Rules

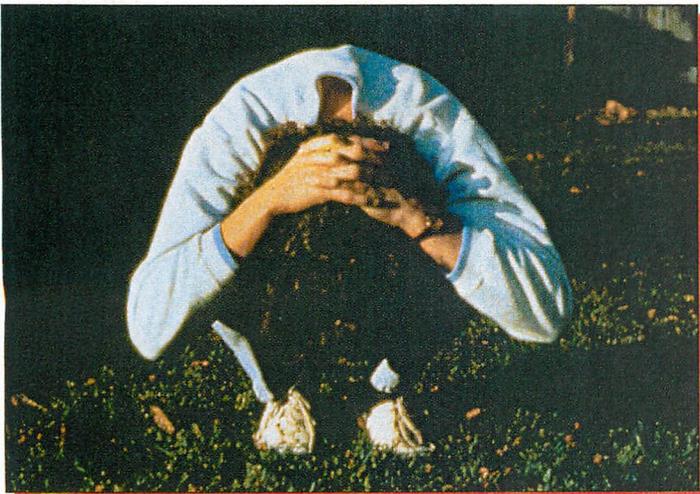
- Postpone outdoor activities if thunderstorms are imminent. This is your best way to avoid being caught in a dangerous situation.
- Move to a sturdy building or car. Do not take shelter in small sheds, under isolated trees, or in convertible automobiles. Stay away from tall objects such as towers, fences, telephone poles, and power lines.
- If lightning is occurring and a sturdy shelter is not available, get inside a hard top automobile and keep the windows up. Avoid touching any metal.
- Utility lines and metal pipes can conduct electricity. Unplug appliances not necessary for obtaining weather information. Avoid using the telephone or any electrical appliances. Use phones ONLY in an emergency.



NOAA

- Do not take a bath or shower during a thunderstorm.
- Turn off air conditioners. Power surges from lightning can cause serious damage.

## If Caught Outdoors and No Shelter Is Nearby



Todd Heitkamp

- Find a low spot away from trees, fences, and poles. Make sure the place you pick is not subject to flooding.
- If you are in the woods, take shelter under the shorter trees.
- If you feel your skin tingle or your hair stand on end, squat low to the ground on the balls of your feet. Place your hands over your ears and your head between your knees. Make yourself the smallest target possible and minimize your contact with the ground. DO NOT lie down.
- If you are boating or swimming, get to land and find shelter immediately!

**Remember, if you can hear thunder – you are close enough to be struck by lightning!**